



Rehabilitation / Private Clinics

Premier Physical Healthcare offers cost effective treatment solutions for long term or recurrent sickness absence. Musculoskeletal problems are a common cause of absenteeism and lost productivity but organisations that invest in an occupational physiotherapy service routinely achieve pay-back on their investment within a year. Our Occupational Chartered Physiotherapists are specialists experienced in managing Musculoskeletal Disorders and disease caused or aggravated by the working environment. They will manage injuries and help you prevent them from occurring.

Our Occupational Physiotherapists apply a holistic approach and:

- ◇ Conduct clinical assessments and identify drivers of pain (mechanical/psychological).
- ◇ Provide clinical treatment and advice and risk management recommendations.
- ◇ Assess the workplace and recommend workplace interventions to prevent further injury.
- ◇ Work in conjunction with specialists from our allied Occupational Health providers and joint venture partners.

Our Rehabilitation Services can be tailored

Onsite or Offsite? Organisations can have a regular, on-site (or local) Physiotherapy Service on a contract basis or on a "by appointment" off-site basis. For On-site Service provision, Premier Physical Healthcare will offer advice on space and equipment requirements.

One-off acute Triage and Case Management Advice for an acute issue/injury that requires immediate advice and management to be passed to line managers/HR

Onsite Treatment, Functional Rehabilitation and Follow-up Case Management with relevant case management advice shared (where relevant and with full confidentiality), with other stakeholders to enable; job redesign/task modification/restriction of duties etc.

All our Specialist Chartered Physiotherapists are Health Professions Council accredited and Members of the Chartered Society of Physiotherapists, as required by law to practice professionally in the UK.

They are also all recognised as preferred providers with the UK major Health insurance companies, e.g. BUPA, AXA-PPP, Norwich Union etc.

Ergonomics ◇ Corporate Wellbeing ◇ Physiotherapy