

## Return To Work

We will carry out a work or home-based assessment of an individual who is off work and succinctly define the extent of any injury and how you can implement a practical solution to maximise their recovery and hasten their healthy return to work.

All our Chartered Physiotherapist Assessors are professionals who are financially and managerially independent of any claimant's solicitors, insurers or other parties' solicitors - and any other vested interests. They combine intellectual excellence with their clinical professionalism.

A Return To Work report will include details of:

- ◇ The claimant's present medical condition.
- ◇ The claimant's injuries/disability, for which early intervention is recommended.
- ◇ The claimant's domestic and employment situation.
- ◇ The type of intervention, treatment or assistance with resettlement to work.
- ◇ The likely short/medium term benefits to the claimant.

We can also case-manage an individual following assessment and help guide and expedite their recovery and return to work by:

- ◇ Liaison with an employer about a phased return to work.
- ◇ Recommending and arranging local private hospital, physiotherapy or hydrotherapy treatment provision.
- ◇ Workplace visit if necessary.

**Research has shown that work absence contributes to stress and anxiety (HSE2008).**